

Snowboard Trick List

Fundamental Moves

	Learning	Did It	Got it Locked
Ollie:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nollie:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flat ground 180:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flat ground 360:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Tips for Progression:

Jumps

	Learning	Did It	Got it Locked
Straight Air:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Indy Grab:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nose Grab:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Side Shifty:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Backside Shifty:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mute Grab:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Method Grab:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Switch Straight Air:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Side 180 off the heels:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Side 180 off the toes:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Backside 180:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Backside 360:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Front Side 360:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Tips for Progression:

Ride on Box or Rail**Learning****Did It****Got it Locked****Tips to Progress:**

Basic 50/50:

Rain Maker 50/50:

50/50 Tail Press:

50/50 Nose Press:

Hop on Hop off 50/50:

Swivel to Backside Board Slide:

Hop to Backside Board Slide:

Backside Board Slide to Switch:

Swivel to Front Side Board Slide:

Hop to Front Side Board Slide:

Front Side Board Slide to Switch:

180 to 50/50:

50/50 to 180 off:

Street Style Box or Rail**Learning****Did It****Got it Locked****Tips to Progress:**

Frontside 50/50:

Front Lip Slide:

Front Board:

Backside 50/50:

Backside Board Slide:

Back Lip Slide: